



**LAKE HAVASU CITY**  
2330 McCulloch Blvd. North  
Lake Havasu City, AZ 86403-5947

[www.lhcaz.gov](http://www.lhcaz.gov)

# News

FOR IMMEDIATE RELEASE  
January 12, 2012

### **Junior Lifeguard Program**

The Junior Lifeguard Program is open to participants between the ages of 10-15 years. Participants will meet on Wednesday evenings from 5:00 – 6:30 p.m. beginning January 25, through May 2, at the Lake Havasu City Aquatic Center. Cost of the program is \$75 per participant. This season's program is designed to teach a variety of water safety skills, along with the duties and responsibilities of being a lifeguard. Your learning experience will range from CPR and First Aid to improving swimming techniques and increased physical endurance. Junior Lifeguards will also be exposed to real life water park activities. This will consist of shadowing facility lifeguards while active programs are being run and assisting with teaching learn to swim programs. Registration will begin on Monday, January 23, and is limited to 15 participants.

For more program information please contact Swan Cooke at 453-2687.

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