

Lake Havasu City, Arizona

Class Description



Title: Fitness Instructor
Department: Parks & Recreation
Division: Aquatics
Grade: SE01

FLSA Status: Non-Exempt
Job Code: 61401
Updated: 7/5/2025
Salary: \$15.48 - \$17.09

General Definition of Work

Incumbent is responsible for performing a wide variety of tasks that directly relates to water fitness. Teaching position only. Not scheduled for Lifeguarding assignments; however, may teach swim lessons based on assignment.

Special note:

Requires non-standard or rotating shift work, subject to days, nights, weekends, and holidays.

Essential Functions

The requirements listed below are representative of the knowledge, skill, and/or ability required and are subject to change as needs and job requirements change. Position assignments may vary. Reasonable accommodations may be made to enable an individual with disabilities to perform the essential functions.

Instructs various age groups in a variety of water and land-based exercise classes.

Plans activities and lessons for class.

Maintains order in the pool and on the deck area.

May teach swim lessons.

Provides information and customer service.

Accountable for exercise equipment.

Attends training and other staff meetings.

Completes reports as needed.

Maintains regular attendance.

Performs other duties of a similar nature or level.

Operates and maintains motor vehicles and other work-related equipment requiring a valid Driver's License.

Maintains regular attendance.

Performs other duties of a similar nature or level.

Minimum Qualifications

Must be at least 16 years of age and have at least one (1) year of experience as a fitness instructor, or two (2) years of participation in a fitness class; and be able to perform Water Exercise Instructor duties.

Special Qualifications

Valid Arizona Driver's License of the appropriate class.

First Aid Certification issued by a nationally recognized certifying agency.

CPR Certification issued by a nationally recognized certifying agency.

Automated External Defibrillator Certification issued by a nationally recognized certifying agency.

Possession of at least one (1) of the following is preferred:

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Aquatic Fitness Professional Certification (AFPC) issued by the Aquatic Exercise Association (AEA).

Aquatic Arthritis Instructor issued by a nationally recognized certifying agency.

Certified Group Exercise Instructor issued by the American College of Sports Medicine (ACSM).

Water Safety Instructor Certification (WSI) issued by a nationally recognized certifying agency based on assignment.

Knowledge, Skills & Abilities

Water safety skills.

Planning and instructing various age groups in water fitness.

Swimming strokes including crawl, breaststroke, elementary backstroke, sidestroke, and treading water.

Communication and interpersonal skills as applied to interaction with coworkers, supervisors, the general public, etc. sufficient to exchange or convey information and to receive work direction.

Working Conditions

Positions in this class typically require standing, walking, lifting, carrying, sitting, reaching, climbing, seeing, hearing, bending, crouching, twisting, and talking.

Incumbents may be subject to extreme temperatures.

Light Work: Exerting up to 20 pounds of force occasionally, and/or up to ten (10) pounds of force frequently, and/or a negligible amount of force constantly to move objects. Even though the weight lifted may be only a negligible amount, a job should be rated Light Work: (1) when it requires walking or standing to a significant degree; or (2) when it requires sitting most of the time but entails pushing and/or pulling of arm and leg controls; and/or (3) when the job requires working at a production rate pace entailing the constant pushing and/or pulling of materials even though the weight of those materials is not negligible.

Hearing ability: sufficient to communicate effectively with others in person and by telephone. Speaking ability: sufficient to communicate effectively with others in person and by telephone. Visual ability: sufficient to effectively observe swimmers, read and write reports, instructions, correspondence, etc.
