

Lake Havasu City, Arizona

Class Description



Title: Lifeguard Trainee
Department: Parks & Recreation
Division: Aquatics
Grade: TE01

FLSA Status: Non-Exempt
Job Code: 61130
Updated: 7/5/2025
Salary: \$15.48

General Definition of Work

The incumbent is required to obtain the necessary certification for the Lifeguard I position.

Special note:

Requires non-standard or rotating shift work; subject to days, nights, weekends, and holidays.

Essential Functions

The requirements listed below are representative of the knowledge, skill, and/or ability required and are subject to change as needs and job requirements change. Position assignments may vary. Reasonable accommodations may be made to enable an individual with disabilities to perform the essential functions.

Participation in a structured training program.

Maintains regular attendance.

Performs other duties of a similar nature or level.

Minimum Qualifications

Must be at least 16 years of age.

Special Note

The incumbent will be tested on the first day of the Lifeguard Certification Class on the ability to perform the following: Jump into the water from the side, totally submerge, recover to the surface, and swim 150 yards. - After swimming 150 yards, maintain position at the surface of the water without support for 2 minutes by treading. - After maintaining position at the surface of the water for 2 minutes, swim 50 more yards. - While swimming, you must swim continuously, keeping your face in the water and demonstrating good breath control. - You may use the front crawl, breaststroke or a combination of both. Swimming on the back or side is not permitted. - Swim goggles are allowed. Participants must retrieve a ten (10) pound object by surface diving to a depth of seven (7) to ten (10) feet.

Continued employment is contingent upon successful completion of the Lifeguard Certification Class where the following certifications will be obtained:

Lifeguard Certification is issued by a nationally recognized certifying agency.

First Aid Certification issued by a nationally recognized certifying agency.

CPR for the Professional Rescuer Certification issued by a nationally recognized certifying agency.

Automated External Defibrillator Certification issued by a nationally recognized certifying agency.

Failure to successfully complete the certification class and obtain the certifications listed above within fourteen (14) calendar days will result in termination of employment.

Special Qualifications

Valid Driver's License of the appropriate class.

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Class Description

Knowledge, Skills & Abilities

CPR.

First Aid.

Techniques for life-saving and water safety.

Pool safety rules and regulations.

Swimming strokes, including crawl, breaststroke, elementary backstroke, sidestroke, and treading water.

Communication and interpersonal skills as applied to interaction with coworkers, supervisors, the general public, etc. sufficient to exchange or convey information and receive work direction.

Working Conditions

Positions in this class typically require the physical ability sufficient to swim a minimum of 400 yards daily to maintain a level of proficiency; and, standing, walking, lifting, carrying, reaching, pushing, pulling, climbing, seeing, hearing, twisting, talking, and repetitive motions. Incumbents may be subject to vibrations, fumes, odors, dust, gases, chemicals, poor ventilation, extreme temperatures, and intense noises.

Medium Work: Exerting 20 to 50 pounds of force occasionally, and/or ten (10) to 25 pounds of force frequently, and/or greater than negligible up to ten (10) pounds of force constantly to move objects.

Lifting ability: sufficient to affect a rescue.

Hearing ability: Sufficient to communicate effectively with others in person and by telephone. Speaking

ability: Sufficient to communicate effectively with others in person and by telephone. Visual ability: sufficient to observe swimmers, read and write reports, instructions, correspondence, etc.
